

## Instructions for skiers at Vuokatti Skandinavia Cup Dec 18th – 20th

The Vuokatti Skandinavia Cup FIS – race will be held at Vuokatti on Dec 18th – 20th. The race location is at Vuokatti Sports Institute Stadium and tracks nearby.

Skandinavia Cup races will include series Men, Men20 and Women and Women20.

Stadium location is in the heart of Vuokatti Sports Institute (see map)

Race Office location is close to stadium, in the building called Pikku-Pölly (the entrance is on the left side of the building).

### Tracks

See maps. The tracks are close to Vuokatti Sports Institute area. The tracks are 3,75km and 3,3km long (will be skied 3 times in Women's 10km and 4 times in Men's 15km) The sprint track is also close to stadium(see map)

### Official training time

Official training will be organized in competition tracks at Thu 17th between 5pm and 7pm. Also before closing the race tracks the training allowed on competition tracks. Warm up will be done nearby shooting track area, ski test area is behind th stadium building (see map).

All the skiers will need the skier's pass or bracelet which will be available at Race office.

### Registration

Registration will be made via new e-registration system (see link below) The system has language options also. <http://www.ilmoittautuminen.net/scandicup/>

The system has been tested and notified to be in order; no e-mail back up is needed. Registration deadline is on Fri 11<sup>th</sup> of Dec until 6pm.

Registration fee is 12 euros/start/ athlete/ day. After the deadline registration will be charged with double payment (24euros). The registration fees will be paid by clubs/teams to the Sotkamon Jymy Bank Account: IBAN FI3954360940019808. (Bic - code is OKOYFIHH)

All the competitors will be required FIS-Code when registered to the race.

### Ski wax and other s

Ask ski wax facilities from Vuokatti Sports Institute. More information from: Ann-Mary Ähtävä  
+358503616847.

**Please remember to return the number shirts after competition. Penalty for non returned shirt is 50 euro.**

Traffic and order

The road number 76 is not allowed to cross over using the road. The access to the other side of the road is through pedestrian tunnels (see map). Parking is allowed in areas of Vuokatti Sports Institute and Snowpolis Sokos Hotel area marked with parking.

## **FIS – RACE AT VUOKATTI Dec 18. -20.12 2009 The program**

### THU 17th of Dec

17 – 19 Official training time

17–20.30 Race office open: Lecture hall Pikku-Pölly

1900 Team Captains Meeting

### FRI 18th of Dec

8.-19.30 Race office open at Lecture Hall Pikku-pölly

1000 Women, Women20 10km (classic)

30 min break in start

Men, Men20 15km (classic)

1630 Prize giving ceremony lecture hall Iso-pölly

1800 Team Captains meeting at lecture hall Iso-pölly

### SAT 19th of Dec

8.-19.30 Race office open, Pikku-Pölly

1000 Women, Women20 sprint, Men, Men20 sprint (classic)

Time trial, semifinals and finals. (Also B-finals)

1630 Prize giving ceremony, Iso-Pölly

1800 Team Captains meeting, Iso-Pölly

### SUN 20th of Dec

8-14 Race office open, Pikku-Pölly

1000 Women, Women20 10km (Skating); Men, Men20 15km (skating)

Skandinavia Cup prize giving ceremony approx. 30 minutes after Skandinavia Cup series finished (estimated 1230 or earlier)

## Organization of the competition

Jury:

Chief of the Race: Perttu Huusko

Race secretary: Riikka Pulkkinen

TD Paavo Nael (EST)

TD – assistant: Annmari Viljanmaa (FIN)

Chief of course: Veikko Patrikainen

Chief of Staff: Jouni Kasurinen

Stadium: Jari Keränen

Results: Kenneth Penttinen

Race office staff: Anitta Tervo

Start: Heikki Okkonen

Finish: Asko Hakkarainen

Supervisory of the ski technique: Pertti Saastamoinen

Traffic and order: Esa Kähkönen

Restaurant: Mirja-Maija Hakolampi